

# MEDITATION AND MOTION

## QIGONG AS SPIRITUAL PRACTICE

Led by Arlyne Hoyt



Experience a way of knowing that goes beyond one's rational understanding and embraces the whole of a person: mind, heart, and body.

SATURDAY

November

09

TWO THOUSAND  
AND NINETEEN

9:30 am - 3:30 pm

St. Johns  
United Church of Christ

1050 Buffalo Road  
Lewisburg, PA 17837

FOR MORE INFORMATION OR TO REGISTER

[WWW.OASISMIN.ORG](http://WWW.OASISMIN.ORG)

717-737-8222

